



2015 Deadwood Events

St. Patrick's Day Weekend

March 13-14, 2015

Forks, Corks & Kegs Festival

April 9-11, 2015

Cinco De Mayo

May 2, 2015

Mickelson Trail Marathon

June 6-7, 2015

Wild Bill Hickok Days

June 19-20, 2015

Independence Day Parade

July 4, 2015

Days of '76

July 21-25, 2015

Sturgis Rally & Races

August 1-9, 2015

Legend's Ride

August 3, 2015

Kool Deadwood Nites

August 20-23, 2015

For more event details, check out the following website <http://www.deadwood.org>



Play Ball!!!

What do the Peck's Garden subdivision, Babe Ruth, and the Seventh Calvary all have in common? **BASEBALL!**

With opening day right around the corner, the Deadwood Historic Preservation Office is finishing up on a six panel, traveling exhibit focusing on the history of Deadwood baseball. When soldiers and prospectors began streaming into the Black Hills in the 1870s, they brought more than rifles, gold pans and shovels. They brought balls, bats and gloves.

The earliest accounts of exploration and prospecting in the Black Hills also included stories of rousing "baseball" contests on whatever flat ground the newcomers could find. This new traveling exhibit will explore the Seventh Calvary and the first games of baseball played in the Black Hills, early mining camp baseball, Deadwood players who went on to play for the major league, the locations of Deadwood's early ball fields, and the 1922 Babe Ruth and Bob Meusel Midwest barnstorming tour. Panels will debut at Keene Memorial Field in Deadwood during the opening day celebration slated for May 26, 2015. So, come on out to the Ballpark and let's play ball!



Unidentified baseball game at the Olympic Park, circa 1900. Centennial Archives, Deadwood Public Library

Starting in March, the **Building Inspection Office** will be moved to the **Public Works Department** located at **67 Dunlop Avenue**, Deadwood. The Public Works Department will now be issuing all building permits and contractor's licenses; these services will no longer be available at City Hall. If there are any questions, concerns or comments, please feel free to call the Public Works office at (605) 578-3082. Thank you!

Sunday, March 8, 2015



Don't forget to "Spring Forward" and set your clocks 1 hour ahead

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PUBLIC NOTICE: Hwy 85 Reconstruction Progress

Weekly public meetings on the Hwy 85 Reconstruction Project continue to be held at Deadwood City Hall every Tuesday at 11am unless otherwise noted. These meetings are open to the public; all are welcome and encouraged to attend.

In February, the project team focused their efforts on storm sewer tasks on Cemetery Street and Corral Street. The storm sewer work on Corral Street is anticipated to be completed by the end of February, with drainage work continuing on Cemetery Street into March.

In March work is anticipated to begin on Phase 1B, the Mickelson Trail retaining wall. While work is underway on Mickelson Trail, the trail will be narrowed due to safety barriers between the trail and the retaining wall work. Info on traffic control and pedestrian access will be available in March. The Project Team would like to thank business owners and Deadwood residents for their efforts in communicating openly with the team; input from the community has helped resolve traffic issues and mitigated many of the side effects often occurring throughout the reconstruction activities. For further information feel free to contact Project Solutions at (605) 718-4046 or view notices online at the City's website homepage www.cityofdeadwood.com under **Hwy 85 Project**.

Mark your Calendars!

March 2, 2015—Monday

City Commission Meeting
5:00 PM @ Deadwood City Hall

March 3, 2015—Tuesday

Hwy 85/DOT Public Meeting
11:00 AM @ Deadwood City Hall

March 4, 2015—Wednesday

Planning & Zoning Commission Meeting
5:00 PM @ Deadwood City Hall



March 8, 2015—Sunday

Daylight Saving Time
begins @ 2:00 AM

March 10, 2015—Tuesday

Hwy 85/DOT Public Meeting
11:00 AM @ Deadwood City Hall

March 11, 2015—Wednesday

Historic Preservation Commission Meeting
5:00 PM @ Deadwood City Hall

March 16, 2015—Monday

City Commission Meeting
5:00 PM @ Deadwood City Hall



March 17, 2015 - Tuesday
Happy St. Patrick's Day!



March 17, 2015—Tuesday

Hwy 85/DOT Public Meeting
11:00 AM @ Deadwood City Hall

March 18, 2015—Wednesday

Planning & Zoning Commission Meeting
5:00 PM @ Deadwood City Hall

March 19, 2015 - Preservation Thursday: The Crow Dog Case: High Water Mark of Tribal Sovereignty: Wayne Gilbert will give a lecture on Crow Dog's biography with details of his trial & the legal issues involved. The lecture includes the story of how the people of Deadwood became enchanted with Crow Dog who bridged the life of the Lakota before, during & after the Indian Wars. HARCC @ 12pm. Admission by donation.

March 20, 2015—Friday

The First Day of SPRING 2015



March 21, 2015- Saturday: Native American Stories Workshop:

Learn about the tradition of Native American story telling. We will listen to traditional Native American stories and have an opportunity to make our own stories and storybook. For Students K-6. Light refreshments served. Days of '76 Museum; 10am-12pm; \$6 members & \$11 non-members. As reservations are required, call Shantel Herman, Museum Educator, at (605) 578-1657.

March 25, 2015—Wednesday

Historic Preservation Commission Meeting
5:00 PM @ Deadwood City Hall

March 29, 2015—Sunday

PALM SUNDAY

PALM SUNDAY

Deadwood Public Library: Book Club

The Deadwood Public Library will hold a **March Book Club** on Monday March 9th, 2015 at 6:00 pm in the Library. The book to be read is the "**Wizard of Oz**" written by L. Frank Baum. The library will order extra copies for anyone who would like to read the book and participate in the Book Club discussion. For more information please contact the Library at 578-2821.

The Deadwood Recreation Center will be CLOSED March 1-7, 2015 for pool and building maintenance.

Let us know what you think. Take a survey!

Protecting our National Historic Landmark is one of the primary goals of the Deadwood Historic Preservation Office. One of the best tools for doing this is providing financial assistance to the residents and business owners in our community to help protect or restore historic properties. With this in mind, the Historic Preservation Office is looking for ways to better serve the community. A Survey regarding services provided through the Historic Preservation Office has been created to help in getting the voices of the community heard. If you wish to fill out a survey, go to the City's website www.cityofdeadwood.com; you will find it on the Home page at the upper right side under **City News**. The deadline for all surveys to be submitted will be no later than **March 20**. Your responses to this survey are vital to help protect, preserve and restore our Historic Deadwood. Thank you for your time and comments.

Check out [Historic Preservation Moments on YouTube!](#)

Search [deadwoodhp](#) on YouTube.

Quote of the Month

"Keep away from people who try to belittle your ambitions. Small people always do that, but the really great people make you feel that you, too, can become great." – Mark Twain

Share Your Ideas With Us!

Our community shapes how we live our lives, how we treat others and we want to show the world how we are taking Deadwood from "Good to Great". What better way then to hear from the voices of those who truly make up our beautiful City of Deadwood. We want to hear your thoughts, your ideas, your questions! Complete the 'Comment Card' which can be found in the City Hall and City Library and can be either mailed or drop off at the following location:

Deadwood City Hall
Attn: HP Admin
108 Sherman Street
Deadwood, SD 57732

All comments are welcome and appreciated.



FOR HEALTHY LIVING, KNOW YOUR NUMBERS



What is Blood Pressure? Blood is carried from the heart to all parts of your body in vessels called arteries. Blood Pressure is the force of the blood pushing against the walls of the arteries. Each time the heart beats (about 60-70 times a minute at rest), it pumps out blood into the arteries. Blood Pressure is typically recorded as two numbers: Systolic or Diastolic. **Systolic:** The top number, which is also the higher of the two, measures the pressure in the arteries when the heart beats (when the heart muscle contracts). **Diastolic:** The bottom number, which is also the lower of the two, measures the pressure in the arteries between heartbeats (when the heart muscle is relaxing between beats and refilling with blood). The measurement is written with the “systolic number over the diastolic number”. For example, blood pressure expressed verbally as “120 over 80” is typically written on a blood pressure chart as 120/80 mmHg (millimeters of mercury).

Hypertension, the medical term for high blood pressure, is a condition in which the arteries have constantly elevated blood pressure. If your blood pressure stays elevated to a level of 140/90 mmHg or higher over time, it is considered high and you have hypertension. This condition can lead to damaged organs, as well as several illnesses, such as renal failure (kidney failure), aneurysm, heart failure, stroke, or heart attack.

How is high blood pressure diagnosed? Your healthcare providers will want to get an accurate picture of your blood pressure and chart what happens over time. Starting at age 20, the American Heart Association recommends a blood pressure screening at your regular healthcare visit or once every 2 years, if your blood pressure is less than 120/80 mm Hg. Your blood pressure rises with each heartbeat and falls when your heart relaxes between beats. While BP can change from minute to minute with changes in posture, exercise, stress or sleep, **it should normally be less than 120/80 mm Hg (less than 120 systolic AND less than 80 diastolic) for an adult age 20 or over. About one in three U.S. adults has high blood pressure.**

If your blood pressure reading is higher than normal, your doctor may take several readings over time and/or have you monitor your blood pressure at home before diagnosing you with high blood pressure.

A single high reading does not necessarily mean that you have high blood pressure. However, if readings stay at 140/90 mm Hg or above over time, your doctor will most likely want you to begin a treatment program. Such a program almost always includes lifestyle changes and often prescription medication for those readings of 140/90 or higher.

If, while monitoring your blood pressure, you get a readings of 180/110 or higher, wait a couple of minutes and take it again. If the reading is still at or above that level, you should seek immediate emergency medical treatment for a **hypertensive crisis**. If you can't access the emergency medical services (EMS), have someone drive you to the hospital right away.

Blood Pressure Chart			
What is the AHA recommendation for healthy blood pressure? This chart reflects blood pressure categories defined by the American Heart Association.			
Blood Pressure Category	Systolic mm Hg (upper #)		Diastolic mm Hg (lower #)
Low blood pressure (Hypotension)	less than 90	or	less than 60
Normal	90 to 120	and	60 to 80
Prehypertension	120-139	or	80-89
High Blood Pressure (Hypertension Stage 1)	140-159	or	90-99
High Blood Pressure (Hypertension Stage 2)	160 or higher	or	100 or higher
High Blood Pressure Crisis (Seek Emergency Care)	180 or higher	or	110 or higher

Even if your blood pressure is normal, you should consider making lifestyle modifications to prevent the development of HBP and improve your heart health.

Chamber Corner - Upcoming Deadwood Events & Happenings

St. Patrick's Day weekend events: March 13-14, 2015: Celebrate St. Patrick's Day in Deadwood with the Leprechaun Olympics, food, parades, pub crawls and music. On *Friday, March 13*, register for the Leprechaun Olympics from 5-7pm; games start at 6pm followed by the awards ceremony at 9pm. There will be six (6) locations for games this year. Please contact the Chamber for information regarding these events by calling (605) 578-1876. Open container will be held from 5- 10 pm in both zones on March 13.

Deadwood's annual Pub Crawl, held on *Saturday, March 14*, is the largest of its kind in the region with well over 1,200 participants annually. Register for the annual Pub Crawl from 11am-2:30pm. Don't miss the group photo at 2:25pm. The Crawl takes place from 2:30-6:30pm with a parade on Main Street to follow at 7pm. The day's awards celebration will begin at 8:30pm. Please contact the Chamber for more information regarding locations by calling (605) 578-1876. Open container will be from noon to 10pm in both zones on March 14.

For information on these or any of the Deadwood Chamber's events, please contact the Chamber at (605) 578-1876, by email visit@deadwood.org, go to www.deadwood.org, or come in and see us at 767 Main Street!

Hours of Operation

Deadwood City Hall

8 AM - 5 PM (Mon - Fri)

Deadwood Public Library

10 AM - 7 PM (Mon - Wed)

10 AM - 5 PM (Thurs - Fri)

12 PM - 4 PM (Sat)

Deadwood Public Works Office

7:30 AM - 3:30 PM (Mon - Fri)

Lead-Deadwood Landfill

Winter: 8 AM - 4 PM (Thurs - Sat)

Summer: 8 AM - 4 PM (Tues - Sat)

Deadwood Recreational Center

5 AM - 9 PM (Mon - Fri)

7 AM - 5 PM (Sat)

1 - 6 PM (Sun)

Adams Museum (Oct-April)

10 AM - 4 PM (Tues-Sunday)

Admission by Donation

Historic Adams House (Oct-April)

10 AM - 4 PM (Tues-Sunday)

Admission: Children 6 & under

FREE Adults \$5.50 Children (7-13)

\$2.50

Homestake Adams Research &

Cultural Center (HARCC)

10 AM - 4 PM (Mon - Fri)

Deadwood Visitor Info Center

10 AM - 4 PM (Mon - Fri)

Days of '76 Museum (Oct-April)

10 AM - 4 PM (Tues-Sunday)

Admission: Children 6 & under

FREE Adults \$5.50 Children (7-13)

\$2.50

Deadwood Fire Department

8 AM - 5 PM (Mon - Fri)

Deadwood Police Department

8 AM - 5 PM (Mon - Fri)

Deadwood Courthouse

8 AM - 5 PM (Mon - Fri)

OPPORTUNITIES TO RECYCLE

Community Recycle Bins

have been provided to residents and businesses by the City of Deadwood and are located in the Sherman Street Parking Lot. Let's all Pitch In !!!

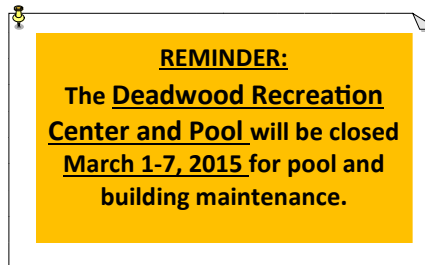
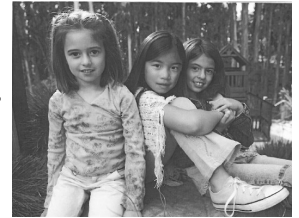


Foster One South Dakota

Children in our area need **SOMEONE** to open their **HEART** and their **HOME... Will you be the ONE?**

Commit to knowing more about becoming a foster parent. Visit the website www.FosterOneSD.org or call (605) 578-2402 ext. 234

THANK YOU for caring enough to make a difference in a child's life.



Deadwood Recreation Center Schedule of Activities

Daily Class Schedule

Time	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
5:30 a.m.	Kettlebells Self-taught		Kettlebells Self-taught		Kettlebells Self-taught	
6-6:40 a.m.		Cycling		Cycling		
6:40-7:10 a.m.	Conditioning Self-taught		Conditioning Self-taught			
7:00 a.m.	Water Exercise		Water Exercise		Water Exercise	
8:00 a.m.	Water Exercise		Water Exercise		Water Exercise	
9:00 a.m.						Yoga*
9-11:00 a.m.						Swim Lessons
5:15-6:15 p.m.	Pilates Self-taught	Exercise Group Classroom		Pilates Self-taught		
5:30 p.m.	Zumba*	Yoga*	Yoga*	Zumba*		

Classes may change due to Instructor's availability. *Class Fee set by instructor.



IMPORTANT NUMBERS

Deadwood City Hall (605) 578-2600

Deadwood Public Library (605) 578-2821

Lawrence County Dispatch (605) 578-2230

Deadwood Public Works Office (605) 578-3082

Deadwood Recreational Center (605) 578-3729

Lead/Deadwood Regional Hospital (605) 717-6000

Deadwood Planning & Preservation Office (605) 578-2082

Deadwood Fire Department **Non-emergency** (605) 578-1212

Deadwood Police Department **Non-emergency** (605) 578-2623

Deadwood City Commission meets the **first and third Monday at 5:00pm**

Planning & Zoning Commission meets the **first and third Wednesday at 5:00pm**

Historic Preservation Commission meets the **second and fourth Wednesday at 5:00pm**